



**GULF SHORES**  
CHURCH OF CHRIST

*SUNDAY MORNING SERMON*

*by Ray Reynolds (July 24, 2016)*

# TOXIC CHRISTIAN LIVING

## *Anger*

Introduction: We are studying a series on TOXIC CHRISTIAN LIVING. We seek to recognize the things that happen when we DON'T give God our best. What gets in our way? What things can cripple our own spirituality along with those around us. We need to recognize these enemies and defeat them before they become toxic. We have considered procrastination, fear, covetousness, greed, envy, laziness, selfishness, materialism, pride, lust, etc. Today we will talk about anger. Let's study together...

Discussion:

### ***I. Biblical Principles***

- A. Anger is a real problem (**Matthew 5:21-23**).
- B. Anger leads to reproach (**Matthew 7:1-6**).
- C. Anger can start with a righteous cause (**Mark 3:5**).
- D. Anger can be reckless (**Ephesians 4:26-27**).
- E. Anger must be resolved (**Hebrews 10:30**).

### ***II. Biblical Examples***

- A. Cain (**Genesis 4:5-6, I John 3:12**)
- B. Esau (**Genesis 27:45**)
- C. Moses (**Exodus 4:14, 11:8, 16:20, 32:19, Numbers 12:3**)
- D. David (**II Samuel 6:8, 12:5, 13:21**)
- E. Nehemiah (**Nehemiah 5:6**)

Conclusion: We look to Jesus who experienced anger but did not use wrath in the moment (**Mark 3:15, John 2:13-17, I Peter 2:22**). Violence and vengeance are not the answer when we have been wronged. **Colossians 3:12** says, "God has chosen you and made you his holy people. He loves you. So you should always clothe yourselves with mercy, kindness, humility, gentleness, and patience." Toxic Christian living consists of a hypocritical walk. Are you ready to defeat these enemies? Then take action immediately. Do you believe in Jesus? Are you following Him daily? Do you believe in the Bible? Are you obeying what the Bible tells you? Learn to control your anger. Look to Jesus! It's time to give God what He deserves... our very best!