



# An Attitude Adjustment

(Bible Class by Ray Reynolds – 10-26-08)

Introduction: The Bible affirms the fact that what we think in our heart determines what we will become (**Proverbs 23:7**). There may be times in life when we need a good old fashioned “attitude adjustment.” The Bible has a great way of adjusting our attitude when we look at it with an open mind.

## Discussion:

### **I. What Does The Bible Say About Our Attitude?**

- Bad attitudes hurt our relationship with God (**Genesis 4:6-7**).
- Bad attitudes lead to poor decision making (**Numbers 14:1-4**).
- We should always trust God for our life (**Proverbs 29:25**).
- God hopes we will choose a positive attitude (**Habakkuk 3:17-19**).
- God will reward the meek and humble (**Matthew 5:5**).
- God will punish the judgmental and critical (**Matthew 7:1-5**).
- Christians should learn to get along with one another (**I Corinthians 1:10**).
- God gives Christians a new attitude (**Philippians 1:20-25**).
- We should imitate the attitude of Jesus (**Philippians 2:5**).
- Christians should always rejoice (**Philippians 4:4**).



### **II. What Attitudes Will Hinder Our Christian Living & Christ-like Example?**

- An arrogant attitude (**Proverbs 8:13, Mark 7:20-23, James 4:16**).
- A discouraging attitude (**Colossians 3:21, Hebrews 12:3-5, Ephesians 3:13**).
- A faithless attitude (**Mark 9:23, Luke 1:37, Philippians 4:13**).
- A fearful attitude (**II Timothy 1:7, Ephesians 3:20**).
- A defeatist attitude (**Ephesians 6:10-20, Romans 8:37**).
- A hypocritical attitude (**Matthew 7:1-5, Matthew 23:28, Romans 12:9**).
- A neglectful attitude (**Luke 10:25-37, James 4:17**).
- A procrastinating attitude (**I Corinthians 15:58, Ecclesiastes 7:8**).
- An attitude of resistance to change (**Matthew 28:18-20, Acts 2:37-47**).
- A worrying attitude (**Matthew 6:25-36, Philippians 4:6-7**).



### **III. What Attitudes Will Help Our Christian Living & Christ-like Example?**

- An attitude of contentment (**II Corinthians 9:8, I Timothy 6:6-8**).
- A courageous attitude (**Acts 28:15, Romans 8:35-39, I Corinthians 15:54-57**).
- A forgiving attitude (**Matthew 18:23-35, Psalm 51:1-3, Luke 6:37**).
- A grateful attitude (**Psalm 103, James 1:10-17**).
- A joyful attitude (**John 15:11, Philippians 4:4**).
- A loving attitude (**John 13:34-35, I Corinthians 13, Romans 13:8**).
- A merciful (gracious) attitude (**Psalm 136, Ephesians 2:4, Micah 6:8**).
- A patient attitude (**Psalm 27:14, Isaiah 40:31, James 1:2-4**).
- An attitude of responsibility (**James 1:13-17, II Corinthians 5:10-11, Hebrews 9:27**).
- A zealous attitude (**II Corinthians 9:1-2, Ecclesiastes 9:10**).



Conclusion: God hopes that we will learn to be conformed into the image of Jesus Christ! When you look in the mirror do you see Jesus? Will you choose to be like Christ or like the world?